



## MENU – MORNING STAR MONTESSORI

All lunches will be served with either fresh salad/vegetables or a Fruit Salad

### Week: 1

#### Monday

Savory Mince and Vegetables on Rice  
Vegetable Medley on Rice

Age Group 1 2-3	Age Group 2 4-6	Age Group 3 7-12
25.00	30.00	35.00
25.00	30.00	35.00

#### Tuesday

Chicken Pasta Casserole  
Vegetable Pasta Casserole

Age Group 1 2-3	Age Group 2 4-6	Age Group 3 7-12
25.00	30.00	35.00
25.00	30.00	35.00

#### Wednesday

Vegetable Soup and bread roll  
Vegetable Soup and bread roll

Age Group 1 2-3	Age Group 2 4-6	Age Group 3 7-12
25.00	30.00	35.00
25.00	30.00	35.00

#### Thursday

Pizza meat option  
Pizza no meat

Age Group 1 2-3	Age Group 2 4-6	Age Group 3 7-12
25.00	30.00	35.00
25.00	30.00	35.00

#### Friday

Snack Pack (Meat Option)  
Snack Pack (Veg Option)

Age Group 1 2-3	Age Group 2 4-6	Age Group 3 7-12
25.00	30.00	35.00
25.00	30.00	35.00



**All lunches will be served with either fresh salad/vegetables or a Fruit Salad**

**Week: 2**

**Monday**

Chicken a la King and rice  
Medley of Veggies on rice

<b>Age Group 1 2-3</b>	<b>Age Group 2 4-6</b>	<b>Age Group 3 7-12</b>
25.00	30.00	35.00
25.00	30.00	35.00

**Tuesday**

Cottage Pie  
Medley of Veggies Cottage Pie

<b>Age Group 1 2-3</b>	<b>Age Group 2 4-6</b>	<b>Age Group 3 7-12</b>
25.00	30.00	35.00
25.00	30.00	35.00

**Wednesday**

Vegetable Soup with Bread Roll  
Vegetable Soup with Bread Roll

<b>Age Group 1 2-3</b>	<b>Age Group 2 4-6</b>	<b>Age Group 3 7-12</b>
25.00	30.00	35.00
25.00	30.00	35.00

**Thursday**

Macaroni and Cheese with Mince  
Macaroni and Cheese with Medley of Veggies

<b>Age Group 1 2-3</b>	<b>Age Group 2 4-6</b>	<b>Age Group 3 7-12</b>
25.00	30.00	35.00
25.00	30.00	35.00

**Friday**

Snack Pack (Meat Option)  
Snack Pack (Vegetables)

<b>Age Group 1 2-3</b>	<b>Age Group 2 4-6</b>	<b>Age Group 3 7-12</b>
25.00	30.00	35.00
25.00	30.00	35.00