

FoodEasy

DAILY MEALS & CATERING

Morning Star Montessori - Order Form

Complete and return your order form with proof of payment
via email foodeasyza@gmail.com

☐ 061 860 0659 ☐ foodeasyza@gmail.com  fb.com/FoodEasyZA  @FoodEasyZA

PARENT/GUARDIAN DETAILS

First Name	
Last Name	
Mobile Number	
Email Address	

STUDENT INFORMATION

First Name			
Last Name			
Date of Birth			
Class			
Age group	<input type="checkbox"/> Toddler (2-3 yo)	<input type="checkbox"/> Preschool (4-8 yo)	<input type="checkbox"/> Preteen (9-11 yo)

MENU COSTS

Costs have been calculated for the full semester starting on July 19th and ending on September 22nd. This period spans 9 and a half weeks, including 47 school days and 1 public holiday.

	Per Meal	Per Semester	Extras per Semester
Toddlers (2-3 yo)	R30 ⁰⁰	R1,410 ⁰⁰	R376 ⁰⁰
Preschoolers (4-8 yo)	R35 ⁰⁰	R1,645 ⁰⁰	
Preteens (9-11 yo)	R40 ⁰⁰	R1,880 ⁰⁰	

ORDER SELECTION

Selection	<input type="checkbox"/> Meals + Extras	<input type="checkbox"/> Meals Only
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PAYMENT DETAILS

Account Holder	A E Vice	Account Number	62703180547
Bank	FNB	Branch Code	250655
Account Type	Cheque Account	Reference Number	MSM [DDMM] [Your Name] Eg. MSM 0107 John Smith

MENU OPTIONS

WEEK ONE

	Meal	Ingredients *
MON	Spaghetti & Meatballs	Beef, Eggs, Onion, Tomato, Carrot, Butternut, Wheat, Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
TUE	Chicken Casserole with Rice	Chicken, Onion, Carrot, Green Beans, Potato, Rice, Starch (Corn, Wheat), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
WED	Cottage Pie	Beef, Eggs, Onion, Corn, Peas, Carrot, Potato, Wheat, Dairy (Milk), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
THU	Chicken Pasta Bake	Chicken, Eggs, Onion, Carrot, Tomato, Wheat, Dairy (Milk, Cheese), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
FRI	Hotdogs & Slaw	Beef, Onion, Tomato, Carrot, Corn, Mixed Dried Fruit, Wheat, Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil

WEEK TWO

	Meal	Ingredients *
MON	Spaghetti Bolognese	Beef, Eggs, Onion, Tomato, Carrot, Butternut, Wheat, Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
TUE	Chicken Strips Potatoes & Veggies	Chicken, Green Beans, Butternut, Potato, Lemon Juice, Salt, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
WED	Beef & Vegetable Stew on Rice	Beef, Green Beans, Onion, Carrot, Potato, Wheat, Rice, Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
THU	Chicken Sossatie with Mash & Salad	Chicken, Potato, Tomato, Cucumber, Carrot, Lettuce, Dairy (Milk), Salt, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
FRI	Junior Beef Burgers	Beef, Eggs, Onion, Tomato, Lettuce, Wheat, Dairy (Milk), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil

WEEK THREE

	Meal	Ingredients *
MON	Savoury Mince with Rice	Beef, Onion, Corn, Carrot, Sweet Potato, Mixed Dried Fruit, Wheat, Rice, Starch (Corn, Wheat), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
TUE	Bacon Mac & Cheese	Pork, Eggs, Onion, Carrot, Butternut, Tomato, Wheat, Dairy (Milk, Cheese), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
WED	Boerewors with Mash & Gravy	Beef, Onion, Tomato, Butternut, Potato, Dairy (Milk), Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
THU	Chicken Pasta Salad	Chicken, Eggs, Corn, Tomato, Cucumber, Carrot, Wheat, Dairy (Cheese), Salt, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil
FRI	Vetkoek & Beef Mince	Beef, Onion, Tomato, Carrot, Corn, Mixed Dried Fruit, Wheat, Salt, Cane Sugar, Spices (Mixed), Dry Herbs (Mixed), Vegetable Oil

** Ingredients are indicative only and subject to seasonal availability. Individual items may be substituted to achieve recommended nutritional quantities as per national guidelines.*

OPTIONAL SUPPLEMENTARY MENU

Weekly Extras

MON	Fresh Fruit (eg. Apple, Pear, Banana)
TUE	Yoghurt (eg. Vanilla, Strawberry)
WED	Fresh Fruit (eg. Apple, Pear, Banana)
THU	Yoghurt (eg. Vanilla, Strawberry)
FRI	Treats (eg. Cookies, Lollipop)

MENU ROTATION

Menu	Week One	Week Two	Week Three
Weeks	* JUL 19 - JUL 21	JUL 24 - JUL 28	JUL 31 - AUG 04
	* AUG 07 - AUG 11	AUG 14 - AUG 18	AUG 21 - AUG 25
	AUG 28 - SEP 01	SEP 04 - SEP 08	SEP 11 - SEP 15
	SEP 18 - SEP 22	* Short Weeks and Public Holidays	

ORDER & PAYMENT

Parents and Staff can place orders by returning a completed order form and proof of payment to **FoodEasy** via email - foodeasyza@gmail.com

Payment is to be made via electronic funds transfer and orders are only confirmed once payment for the duration of the semester (or remainder thereof) has been received in full.

PAYMENT DETAILS

Account Holder	A E Vice	Account Number	62703180547
Bank	FNB	Branch Code	250655
Account Type	Cheque Account	Reference Number	MSM [DDMM] [Your Name] Eg. MSM 0107 John Smith

CANCELLATION

By returning a completed order form, you are entering into a contract for the provision of catering services for the duration of the school semester, starting on July 19th and ending on September 22nd, 2023.

In the event that you wish to cancel or modify this agreement, we kindly ask that you provide a minimum of one week's notice in writing via email. Cancellations made less than one week in advance will incur a charge equivalent to 50% of the price for remaining meals in that week.

ADDITIONAL OPTIONS

FoodEasy has been providing fresh seasonal meals and catering to customers in Pretoria's East for a number of years. We welcome all parents and staff at Morning Star Montessori to get in touch and learn more about **FoodEasy** special events catering and daily dinner/meal services.